



Attention Activities

Please watch these clips first to give you an idea of what this is about: What is attention autism:

<https://www.bing.com/videos/search?q=attention+autism+stage+2&&view=detail&mid=F1458653434E43FF0C47F1458653434E43FF0C47&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dattention%2Bautism%2Bstage%2B2%26FORM%3DHDRSC3>

https://www.facebook.com/ginadaviesautism/videos/attention-autism-session-stage-1-2-spring/694608347745514/?_so=_permalink&_rv=_related_videos

Rainbow splat (ALD board attached below)

You will need:

- 4 cups
- Food colouring or paint – red, yellow, blue and green
- Cotton balls, cotton pads or tissue
- Tray (to contain the water)
- White paper/ kitchen roll

To prepare:

- Lay the white paper on the tray
- Mix the food colouring with some water in the cups

What to do:

1. Get a cotton ball and choose a colour to dip it in. Name the colour
2. Dip the cotton ball in so that it is wet.
3. Hold it above the tray, high enough so that it would make a 'splat' when dropped.
4. Count down from 3 and allow your child some time to say 'go'.
5. Drop the cotton ball and comment on the colour or the fact it went 'splat' and made a mess!

Flour shapes (ALD board below)

You will need:

- A tray or some coloured paper
- Flour or sand
- Sieve/shaker
- Stencils of shapes – circle, square, triangle, star, heart, diamond, rectangle
OR
- Items of the shapes above – coaster, box, plate, envelope

What to do:

1. Name the shapes.
2. Put the shapes onto your tray.
3. Hold the sieve and put the flour in.
4. Shake away! Make comments about how your shaking such as 'shake shake shake!'
5. Carefully remove the shape and comment on it 'oh wow, look a star!'
6. Remove the flour and repeat using a different shape!

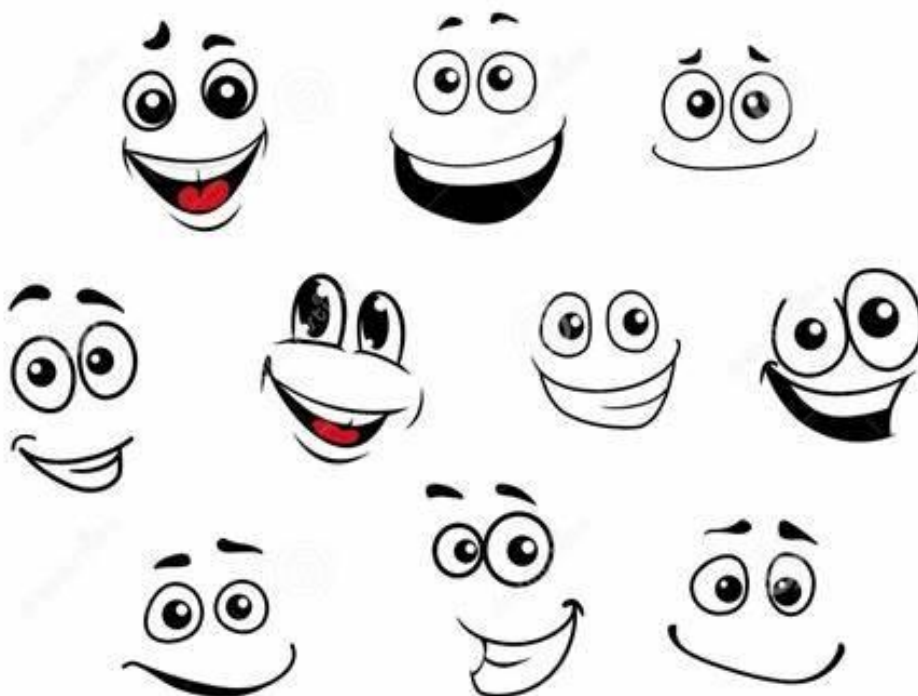
Funny faces (ALD board below)

You will need:

- A selection of eyes, noses, mouths, ears and hair.
 - Wool/string works well for hair.
- Outline of a face or two!

What to do:

1. Choose an outline of a face.
2. Choose a feature and comment on what you have chosen e.g. small/big/blue eyes, count out how many of something e.g. one ear, two ears.
3. Repeat step two until you have a face. It can be as silly or funny as you like!



Tips:

- Encourage your child to name the shape/item/colour you are using either using the ALD board or verbally.

- Let your child have a go, get them to use the ALD board, their PECS book or request verbally to have a turn, choose a colour/shape/item and let them have a turn!
- Model making comments such as 'this is fun' by pointing to the symbol on the board as you say it.

Other ideas-

Foam cake splat:

<https://youtu.be/NMEhkD0W5Z8>

Stage 2 attention activity.

DANCING RAISINS

You will need:

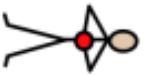
- Chilled bottle of lemonade
- Raisins
- Salt (optional)
- Food colouring (optional)
- Shower curtain/tray

What to do:

- Cover the floor with the shower curtain (for extra security/minimal mess put it on the tray)
- Open the bottle slowly – create anticipation with pauses
- Add raisins to lemonade – slowly – watch them dance!
- Add a drop of food colouring (not too much, we need to be able to see through it)
- You could then add the salt and Whooooooooooooooooooooosh! It explodes.

Rainbow splat

my



red



ball



funny



your



yellow



dip



excited



turn



blue



splat



this is fun



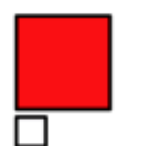
more



green



big

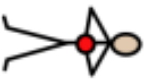


finished



Funny faces

my



face



ear



HA HA HA HA
funny



your



eye



mouth



excited



turn



nose



one

1



this is fun

more



hair



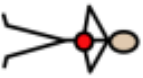
two

2

finished



Flour shapes



my



circle



rectangle



I like this



your



square



star



excited



turn



triangle



flour



this is fun



more



heart



sprinkle



finished