
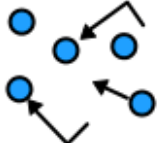







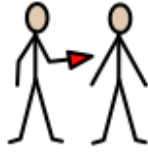

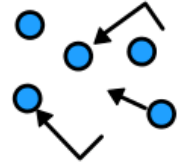

Random Act of Kindness

      
Choose a random act of kindness to do everyday.

      
Find the symbol and stick it next to the day you did it.



Random

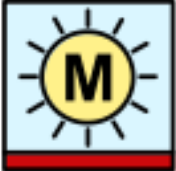


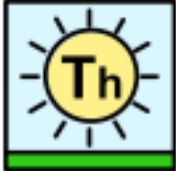



Act

of



Kindness

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday



played with
my toys



tidied up



helped
someone



gave a hug



shared



help make
dinner



made
someone
laugh



made
someone
smile



made my
bed



coloured a
picture for
someone



told a joke



read a story



lay the table



did some
cleaning



had kind
hands